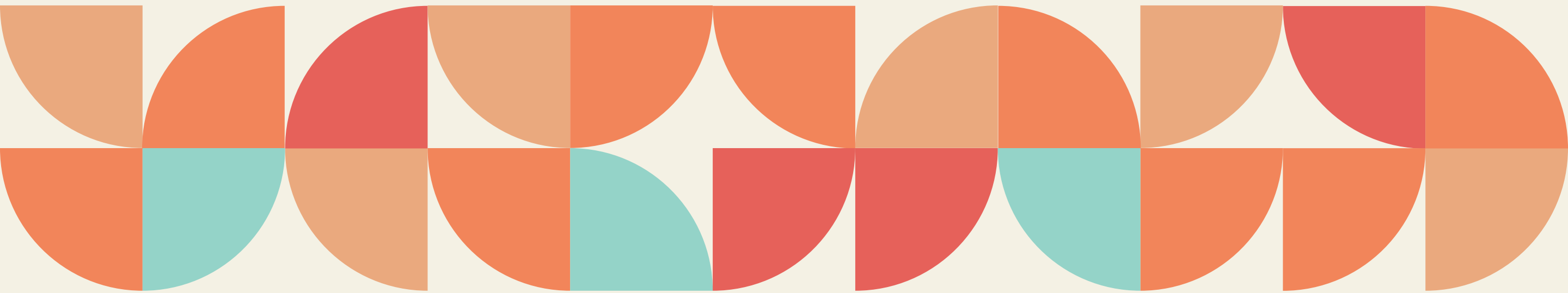
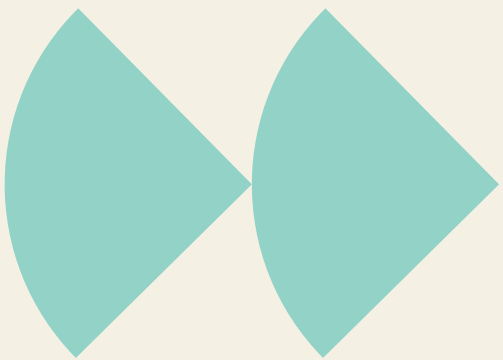


Autoservicio — Self Service

RESTAURANT

OASIS MARKET





COLD STARTERS

German potato salad 7,00€

Potatoes, gherkins, sausage, onions, mustard and mayonnaise

Mixed salad 6,50€

Tomato, cucumber, onion, tuna, lettuce, corn, olives and carrot

Seafood cocktail 8,50€

Prawns, squid, lettuce, pink sauce and avocado

Tomato salad 6,50€

Tomatoes, olives and soft Majorero cheese

Gazpacho 6,00€

Tomato, bread, cucumber, pepper, garlic, vinegar, and oil)

Caesar salad 7,30€

Lettuce, tomato, cheese, egg, oil, chicken, bread

WARM STARTERS

Peppers stuffed with cod 2,50€ per unit

Piquillo peppers, cod, garlic, onion, milk

Tuna croquettes 2,50€ per unit








Tuna, onion and egg

Chicken-Nuggets 7,00€












Vegetable cream 7,00€



PASTA

Noodle wok with chicken and soy	 	12,00€
Noodles, vegetables, chicken and soy		
Meat lasagne	  	10,00€
Pasta, beef bolognese, cheese and béchamel sauce)		
Macaroni or spirals with sauce		1/2 Ration 5,00€ 9,00€
Tomatoes Bolognese   4 cheeses  		

FISH AND SEAFOOD


Seafood Paella	   	10,00€
Rice, vegetables, prawns, mussels and fish		
Salmon in dill sauce	   	13,50€
Fried squid Andalusian style	 	1/2 Ration 6,00€ 12,50€
Grilled fresh fish		16,00€
500g - 600g		

GRILL

1/2 roast chicken	9,50€
Grilled beef tenderloin steak	18,00€
Grilled beef entrecôte	14,00€
Grilled ribs with BBQ sauce	13,00€
Rib s , mustard and honey  	
Fresh veal chop (800g)	18,30€
From 800g to 1000g 23,70€ over 1000g 26,90€	



GRILL-SAUCES

Mushrooms 

Mushrooms, onion and meat broth




2,50€

Green pepper 

Green pepper, onion, and meat sauce

2,50€

MEAT AT THE BUFFET

Chicken schnitzel 

9,50€

Chicken in curry sauce 

Chicken, pineapple, onion and curry

12,00€

Lamb in the oven

Lamb, apple, sultanas, onion and sauce in apple juice



14,00€

Goat meat

Peppers, onion, goat meat, wine and tomatoes



12,00€

PIZZAS

Margarita 

Tomato, mozzarella

7,00€

Pepperoni 

Tomato, mozzarella and salami

7,50€

Vegetables 

Tomato, mozzarella, onion, mushrooms, sweet pepper and zucchini

8,00€


















Reina 

Tomato, mozzarella, mushrooms and cooked ham

7,50€



DESSERTS

Crema catalana	 	4,50€
Mousse de Chocolat	 	4,00€
Cheese and fruit	 	4,50€
Seasonal fruit cocktail		4,00€
Strawberry mousse	 	4,00€
Homemade cake of the day	  	4,75€
Panna Cota	  	4,50€
Gofio mousse	  	4,50€

GARNISH

Canary shrunk potatoes	3,50€
Steak frites	3,50€
Mixed vegetables	3,50€
Rice with vegetables	3,50€

BREAD

White bread		1,00€
Black bread		1,00€
Whole grain bread	 	1,00€

ALÉRGENOS



Gluten



Eggs



Fish



Crustaceans



Peanuts



Soy



Dairy products



Mustard



Sesame seed



Molluscs



Sulphites



Nuts



Celery



Lupins